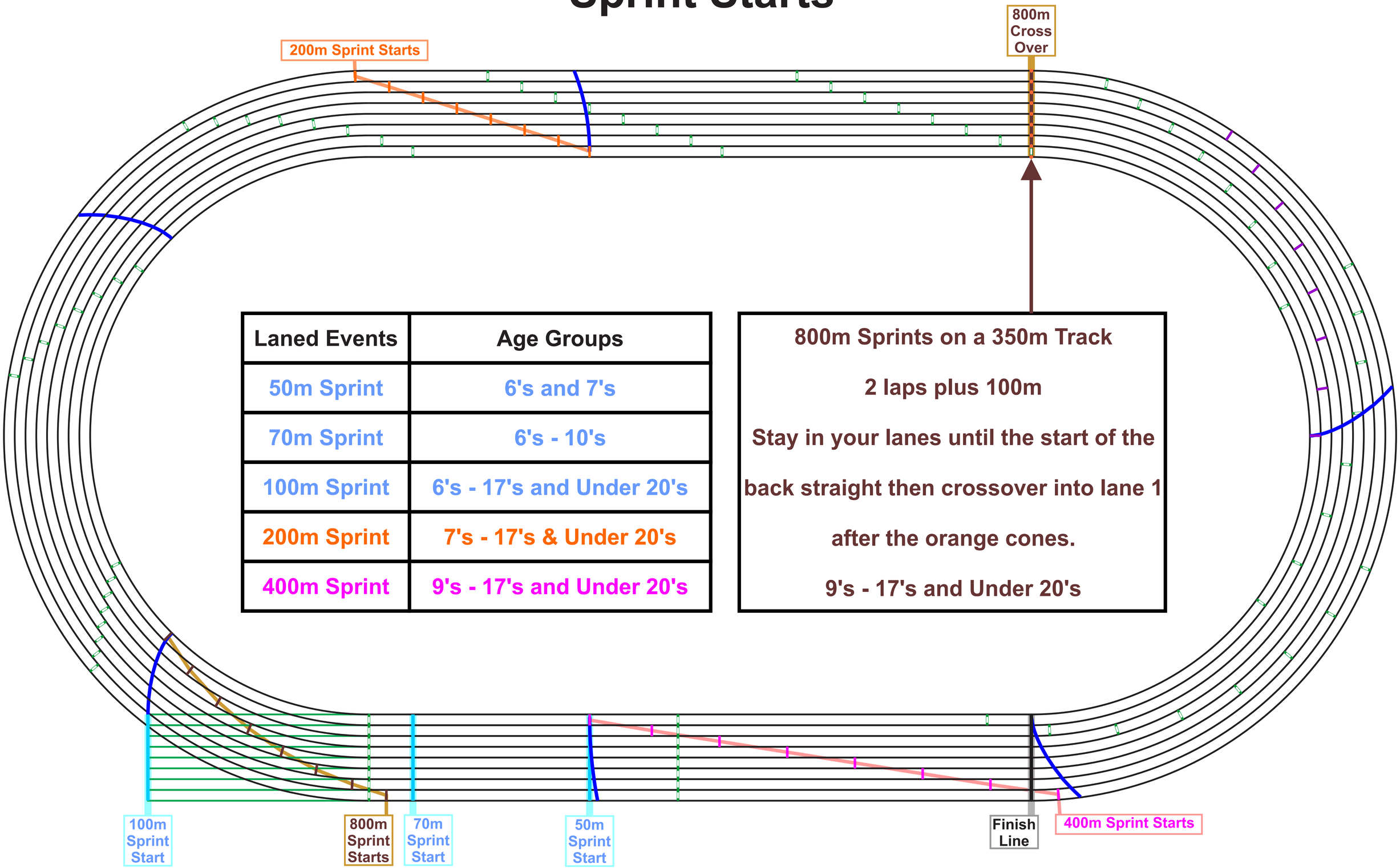
Hanna Reserve Round Track
Sprint Starts



Laned Events	Age Groups
50m Sprint	6's and 7's
70m Sprint	6's - 10's
100m Sprint	6's - 17's and Under 20's
200m Sprint	7's - 17's & Under 20's
400m Sprint	9's - 17's and Under 20's

800m Sprints on a 350m Track

2 laps plus 100m

Stay in your lanes until the start of the back straight then crossover into lane 1 after the orange cones.

9's - 17's and Under 20's