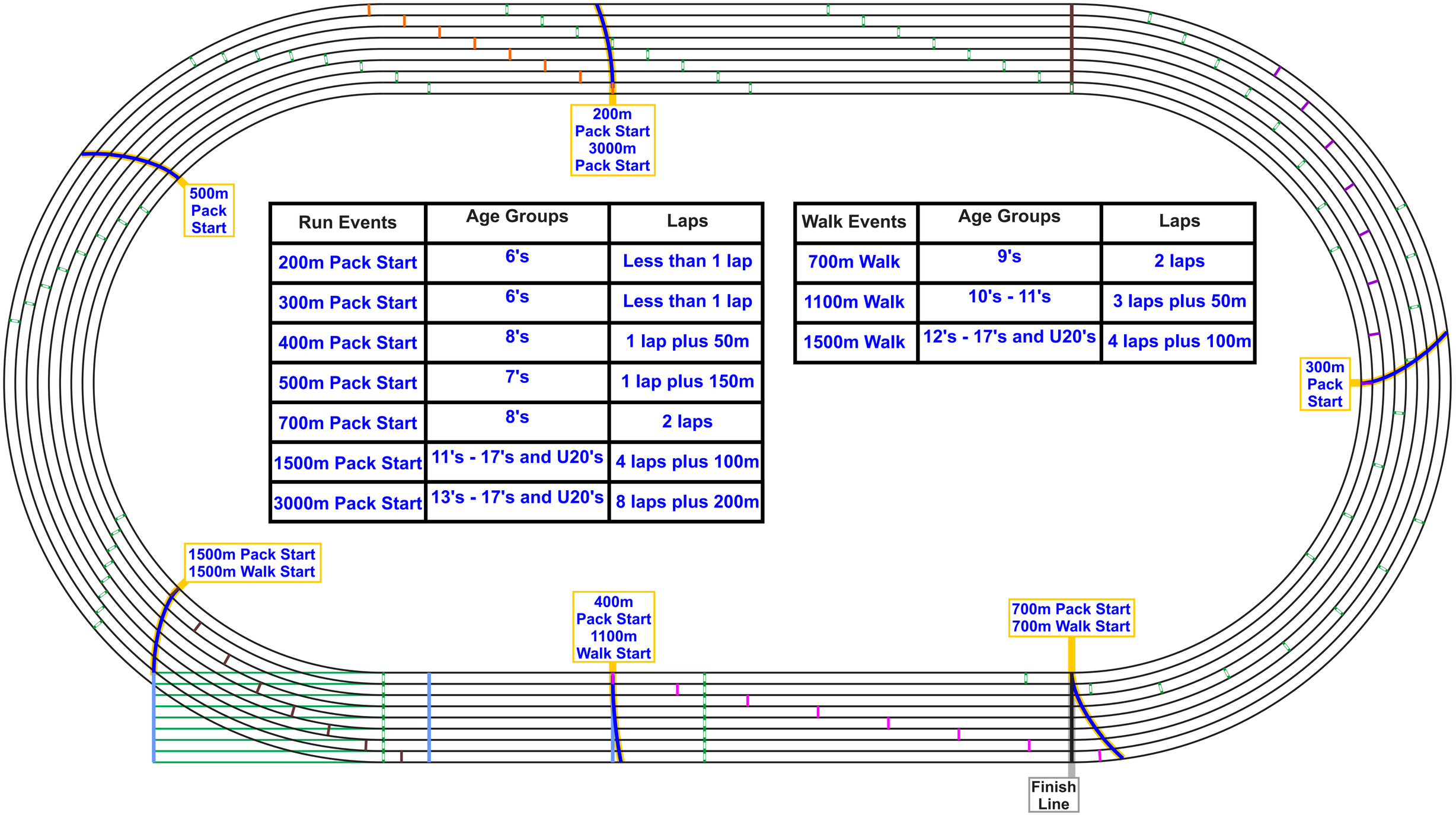
Hanna Reserve Round Track
Pack & Walk Starts



Run Events	Age Groups	Laps
200m Pack Start	6's	Less than 1 lap
300m Pack Start	6's	Less than 1 lap
400m Pack Start	8's	1 lap plus 50m
500m Pack Start	7's	1 lap plus 150m
700m Pack Start	8's	2 laps
1500m Pack Start	11's - 17's and U20's	4 laps plus 100m
3000m Pack Start	13's - 17's and U20's	8 laps plus 200m

Walk Events	Age Groups	Laps
700m Walk	9's	2 laps
1100m Walk	10's - 11's	3 laps plus 50m
1500m Walk	12's - 17's and U20's	4 laps plus 100m