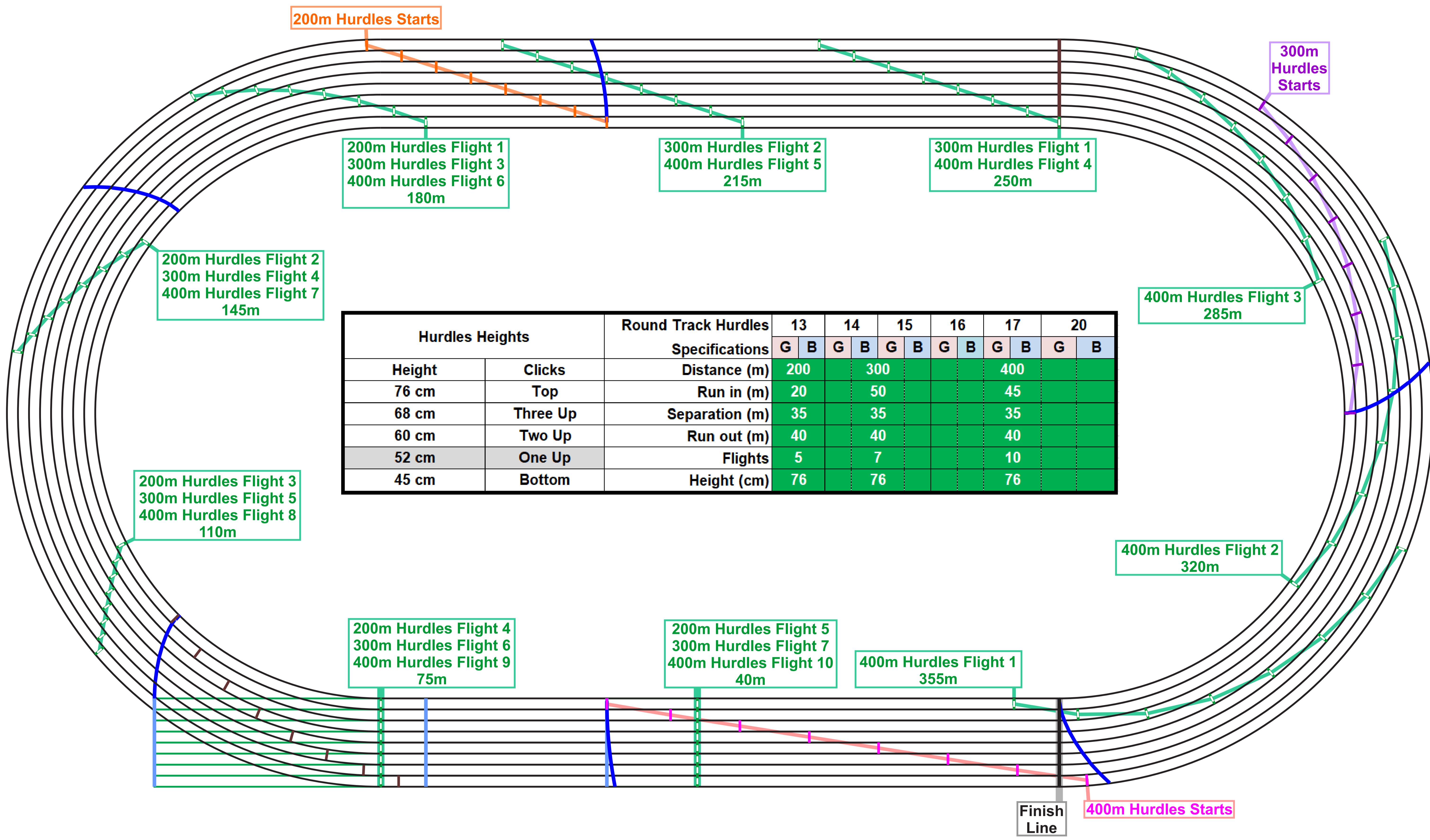


Hanna Reserve Round Track

200m, 300m and 400m Hurdles Starts & Flights



Hurdles Heights		Round Track Hurdles Specifications	13		14		15		16		17		20	
			G	B	G	B	G	B	G	B	G	B	G	B
Height	Clicks	Distance (m)	200		300				400					
76 cm	Top	Run in (m)	20		50				45					
68 cm	Three Up	Separation (m)	35		35				35					
60 cm	Two Up	Run out (m)	40		40				40					
52 cm	One Up	Flights	5		7				10					
45 cm	Bottom	Height (cm)	76		76				76					